

*Webinar on*

# **Dealing With ADHD In The Workplace**

# Learning Objectives

- Learn how ADHD can affect the whole office and ways in which managers/bosses/staff can handle ADHD in the office*
- Learn the signs and symptoms of ADHD*
- Learn personal ways to handle ADHD at home*



This Webinar helps to Learn how ADHD can affect the whole office and ways in which managers/bosses /staff can handle ADHD in the office

**PRESENTED BY:**

*Donald Grothoff is an author, speaker, EFT practitioner, podcaster and the owner of Family OCD in Charlotte, NC USA. The focus of his practice is helping families whose children are afflicted with Obsessive Compulsive Disorder (OCD) and Anxiety via a modality called Emotional Freedom Technique (EFT) or “tapping”.*

On-Demand Webinar

Duration : 90 Minutes

Price: \$200

# Webinar Description

ADHD (Attention Deficit Hyperactive Disorder) has almost become commonplace, yet it is one of the most misunderstood and misdiagnosed disorders. Someone truly suffering from ADHD can struggle to perform even the simplest of duties, which will cause their productivity to suffer. Knowing how to deal with ADHD can make a business thrive. Being a professional who works with ADHD suffers every day, Don has experienced the struggles of a person suffering from ADHD and how it affects their life and work. ADHD is a high anxiety disorder that takes over and disrupts lives. Every day, people with ADHD have to struggle through daily activities and work that can be confusing and disorienting in thought and action.

Don has come to the realization that success or failure in business begins in what people are thinking and believing about themselves and the work they do. Business begins with an idea or thought and then takes action to make it happen. ADHD sufferers can live their lives in constant stress and anxiety, which has adverse effects on how we think and can be the downfall of any business.



Stress and anxiety can disrupt thinking and stop actions. Don takes his audience through an educational and interactive class teaching how thought process and mindset work and natural methods for handling everyday anxiety and stress that improve mindset and increase performance.

- Basic understanding of how the brain operates
- ADHD (Attention Deficit Hyperactive Disorder) and the effects on the brain
- Ways to Handle ADHD in the Office
- Bonus – Ways to personally handle ADHD



# Who Should Attend ?

*CEOs*

*Office Managers*

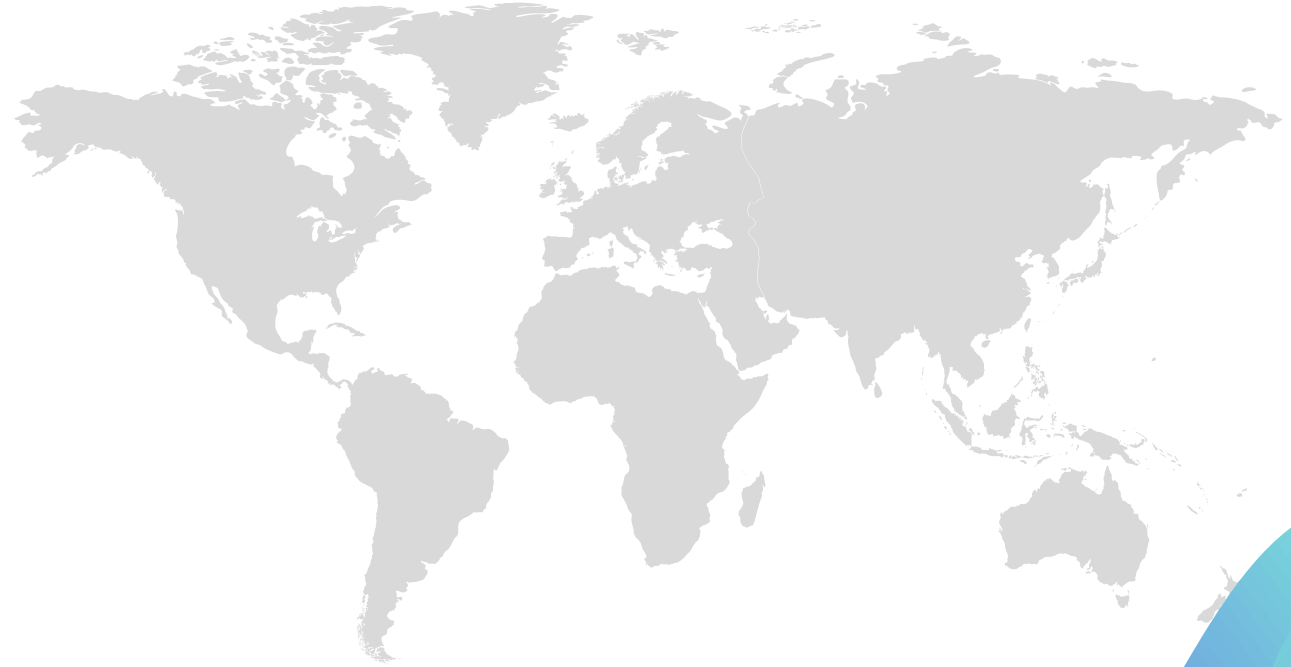
*Managers*

*Supervisors*

*Owners of Business*

*Entrepreneurs*

*Employees*



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